

## **Intense Pulsed Light Consent**

## **BACKGROUND**

I understand that Intense Pulsed Light (IPL) is intended for Photo rejuvenation, benign vascular and pigmented lesions, and/or permanent hair reduction, and that clinical results vary for different skin types. The laser pulse sensation is most commonly described as similar to a rubber band snapping against the skin; most individuals are able to tolerate this for the short duration of the laser treatment.

Topical anesthetics are available to decrease any perceived discomfort from the laser treatment.

I should NOT have IPL done if I have:

- An autoimmune disease or connective tissue disorders
- A Recently tanned skin (including tanning beds and tanning foams)
- Accutane / Isotretinoin treatment over the past 6 months
- ▲ Cold sores at time of treatment
- A history of photosensitivity
- A History of keloid formation
- A Excessive scarring or poor healing (due to diabetes or other conditions)
- A Tattoos and permanent makeup; may be altered if in the laser-treated area

## **RISKS AND COMPLICATIONS**

I understand that there is a possibility of side effects.

Possible short term complications include:

- A Short term discomfort or a stinging sensation similar to a wind burn
- A Redness and mild swelling that may last from 2 -48 hours
- A Blistering and bruising
- Unintended loss of hair (this can be permanent and uneven) around the areas of IPL treatment
- A Hyper- or hypo-pigmentation may occur,
- Scars and/or infection
- Unintended loss of hair (this can be permanent and uneven) around the areas of IPL treatment

Possible rare long term complications include:

- Unintended loss of hair (this can be permanent and uneven) around the areas of IPL treatment
- A Hyper- or hypo-pigmentation may occur,
- Scars and/or infection
- Unintended loss of hair (this can be permanent and uneven) around the areas of IPL treatment